

**OHCFR Minutes**  
**June 8, 2018**  
**5680 Liberty Ave, Vermilion, OH 44089**  
**440-967-3798**  
**10:00am – 3:30pm**

**Participants:** Rachel Arocho, Carmen Irving, Audrey Kraynak, Katie LaPlant, Patrice Powers-Barker, Scott Tobias, Courtney Walsh and Rosemary Eustace

Resources discussed throughout our meeting:

- Wil Wheaton, Ohio NAMI, “My name is Wil Wheaton, I live with chronic depression, and I am not ashamed.” Blog post: <http://wilwheaton.net/2018/05/my-name-is-wil-wheaton-i-live-with-chronic-depression-and-i-am-not-ashamed/>
- Dr. Fred Frese, Red Flags Program, middle school, high school youth and families , <http://www.fredfrese.com/>
- NCFR list of family science programs also breaks it down to search by additional factors
- Cleveland Walk to End Lupus, September 22, Jacob’s Pavilion, 10am, info at <https://www.lupus.org/ohio/events/entry/cleveland-walk-to-end-lupus-now>
- Understanding Opiates, PBS

**I. Prior Meeting’s Minutes** – Rachel made a motion to approve the minutes from the March board conference call and Courtney seconded the motion. The motion carried.

**II. Treasurer’s Report** – Maureen emailed an updated financial report to the board. The current account balance is \$4031.43. This is after NCFR deposited our annual rebate of \$383.80. Scot moved to approve the treasury report and Audrey seconded the motion. The motion carried.

**III. Old Business**

A. Update 2018 Webinar and Workshop Schedule

- CFLE webinar (Katie) from this year was put on hold until we work more closely with national
- Have recorded Scott and Amy’s webinar – Scott or Courtney will email to Patrice. Patrice will put it on you tube to link to our website
- Scott and his dad are recording one on grief mid-July will be complete. We might use this for quarter 3. The board the will look for additional resources and articles on family and the grief process. Please email these to Courtney.
- In the future we will use the theme of our webinars as a starting point for everyone on the board to send information that can be posted on Facebook. Look for resources and articles.
- Another topic to consider sex trafficking (future – Audrey)
- Compassion fatigue, Audrey (from Sue’s grief class) – December
- Another idea for trauma: trauma, refugee’s, Audrey will follow up on potential speakers related to conferences she had attended
- Patrice – check with Caezilia, resource management, household finances
- (possible future topic) Family Meals – Jim Bates
- (future topic) Scott contact Elyse at Miami (sexual assault) – live webinar, check her schedule – when in 2019 can we work on this webinar

B. Update on Social Media Engagement (Mental Health Awareness, Professional Spotlight, Community Spotlight, etc.).

- Rachel will share information with us on how to do the Professional Spotlight, Students (email request, questions asked, etc.) to Courtney. There's a list of alumni that Maureen had emailed to Rachel. Courtney will work on getting participants – Patrice will help with review and editing. Some ideas for future people to highlight:
  - July/August – highlight: Katie Kuvalanka, Miami University and Anthony James
  - Ruth Montz, prior student of Audrey's
  - OSU Extension contacts to highlight: Marie Economos (Patrice), Jackie Kirby Wilkins (Katie), Melinda Hill (Patrice) (notes for future: Kathy Green, Whitney Gherman) Patrice & Katie – invite to all HDFS at OSU/FCS conference this fall
  - Randy Lighty – Ohio University
  - BGSU – Stephanie Blessing and Laura Landry-Meyer, Susan Brown, Elizabeth Holman (Patrice)
  - Rosemary is volunteering with group to support kinship families through the hospital. Will get details to Courtney for a community/partnership highlight.
- Additional ideas: Miami University, Institute on Aging
- Mental health awareness month – posts on FB page. Some concern about low-engagement from members.
- Online HDFS student groups seem active, example Kent, Akron, BGSU

NEW plan to engage students: Scott consider classroom project of brief videos on topics related to family. Might work well for methodology project. “you are building a project for a community partner” – instructions/rubric, assess student learning along the way.

- Pilot, Scott write rubric (feels like methodology topic but could happen in any class), description of assignment by August
- Carmen and partner with pilot, create example – info from Scott and possible topic to work on = mindfulness
- Help students understand breadth and depth of family issues and report back to lay audience.
- OHCFR wants to support students in their learning – we can back this up with research and theory (student learning, reflective learning, etc.)
- Let them know who they are writing for

C. Summer Update was written by Audrey, Rachel and Carmen. Submitted and due to be released in summer 2018.

#### **IV. New Business**

##### **A. Affiliate Survey (Audrey and Rachel)**

- Summary sent from Audrey to everyone
- Discussion: can we create opportunity/sponsor mentorship?

##### **B. Finance Update (Scott)**

- Scott's question to national was forwarded by email to the accountant but hasn't heard back
- Question: since 1980s, state has gotten \$5/national member: has anyone ever asked NCFR about raising that amount?
- Question: do we partner with other organizations to co-host conferences? In the past we have partnered with OAG, FCS and CYCP. We do know that conferences do not make money and we're lucky if we break even. When we

partnered in the past, it was their conference, we shared money and had hoped to gain new members.

C. Call for Officers/Board Members

- We had a working lunch meeting at the Cremetory, and listed current positions and brainstorm ways to connect with members and students. Carmen will touch base with Maureen to verify a few of the details (in regards to our by-laws, etc.). Once that's verified, we have a list of positions, current people in those roles and positions that need to be filled. Right now, our focus is on filling the student positions.
- We will use our current list of ideas for connections like Courtney's list of university contacts and personal contacts with others around the state to encourage them to recommend and share information with their students.
- Suggestion by Rosemary that we could have our meetings and/or meet with additional information meetings with universities across the state. For example, we could buy pizza, invite the students and staff and give an informational meeting about OHCFR.

D. Student Recruitment (Patrice)

- Students – who is the go-to person at your university? (connection for us to get info out to students) (Courtney working on list)
- See notes above

E. University Connections (Patrice) – see notes above. These two points, D and E could be on future agendas as continued plans to connect with universities and students. Also see notes about Scott's plan to write a rubric for student lesson/activity of videos

- Katie will check with Jackie Kirby-Wilkins for a contact at Ashland.

F. Other

- Add to December meeting - Information on Ohio Prevention Credential <http://pfs.ohio.gov/SPF-Phases/Capacity/Ohio-Prevention-Credential-Practice-Exam> (Carmen will have more information after a summer training)

**V. Adjournment** – Katie made a motion to adjourn the meeting. Rosemary seconded the motion. The meeting was adjourned at 3:35 pm.

Respectfully submitted by Patrice Powers-Barker