

**OHCFR Minutes**  
**12/14/2018**  
**10:00 – 3:00**  
**5362 US Highway 42, Suite 101**  
**Mt. Gilead Ohio, 43338**

**Participants:** Carmen Irving, Rachel Jacoby (via phone for part of meeting), Amy Kelly, Athena Koumoutzis, Audrey Kraynak, Patrice Powers-Barker, Katie Schlagheck, Scott Tobias, Courtney Walsh, Maureen Blankemeyer

**I. Prior Meeting's Minutes** – Scott made a motion to approve the minutes from the October board conference call and Athena seconded the motion. The group voted unanimously in support and the motion carried.

**II. Treasurer's Report** – Maureen reported the current account balance was unchanged since the prior report and stands at \$4031.43. Katie moved to approve the treasury report and Scott seconded the motion. The group voted unanimously in favor of the motion; the motion carried.

**A. Annual Audit** - Courtney and Athena audited the books over lunchtime.

**III. Old Business**

**A. Social Media Engagement Update** (Career Spotlight, Meet the Board, Other)

1. Courtney reported on whom she has recently contacted for the Career Spotlight. Rachel suggested we also highlight students. Courtney will contact faculty at local universities with family studies-related programs to nominate students to spotlight. She'll then cross-post the highlighted students via social media of Miami's, Akron's, and Kent State's student groups.
2. Scott, Maureen, and Rosemary will think of potential students to highlight. The other board members will think of additional professionals to spotlight.
3. Courtney distributed a list of OHCFR discussion group members and asked the board to identify people on the list who would be good potential members to highlight in the future.
4. Katie will add a forward to the archived articles that Courtney has collected for our Facebook posts.
5. Patrice is going to revise OSU Extension's "Countdown for the Holidays" so it is applicable for our Facebook content in January and February.

**B. Bylaws Revisions Update**

1. Audrey distributed a draft of our proposed additions/revisions to the bylaws:
  - a. The addition of point D to Article VI, Section 2: [The president-elect shall also...]
 

*D. have been a member of the OHCFR Advisory Board for at least one year prior to nomination and election to the office of president-elect*
  - b. The addition of a new Section 7, points A - D to Article VI:
 

*Section 7. The position of media coordinator shall be an appointed position. The media coordinator shall:*

- A. *serve as a contributing member of the OHCFR Advisory Board*
  - B. *attend the Advisory Board meetings*
  - C. *oversee the posting and updating of information on OHCFR media sites*
  - D. *work with members of appropriate ad hoc committee(s) to meet the needs of OHCFR*
2. Amy moved to approve the bylaws revisions and Patrice seconded the motion. All members voted in support; the motion carried.
  3. On approximately January 15<sup>th</sup> Audrey will send the proposed revised bylaws with an announcement of the upcoming vote to Bethany for distribution on the OHCFR discussion group.
  4. Courtney will post an announcement of the proposed bylaw revisions and upcoming vote to the web site and Facebook.
  5. No less than 30 days later, Audrey will send the proposed revised bylaws, a brief introduction, and the voting link to Bethany to distribute on the OHCFR discussion group, requesting members to vote on the proposed revisions.
    - a. Patrice will develop the Qualtrics poll for the member votes.
      - i. The poll will include opening questions to eliminate non-OHCFR members (i.e., a question asking if the respondent is an NCFR member living in Ohio).
    - b. Once the poll goes out to the discussion group, voting will be open for 2 weeks.
    - c. Courtney will send out reminders on Facebook and our website.
    - d. Members will be asked to vote separately on each of the 2 proposed revisions.
- C. Update on Financial Sustainability** – Scott has been in contact with NCFR regarding financial stability of our affiliate and potential funding ideas. NCFR is also in a tight spot financially. He will continue to discuss ideas with NCFR.
- D. Need to Fill One Student Position** – One of the students who won the election respectfully declined. Katie will reach out to a contact she has in mind for a potential student board member. If that doesn't pan out, Maureen will email faculty at Ohio universities with family studies-related programs to see if they have a student to recommend for our board.

#### IV. New Business

- A. Prevention Credentialing** – Carmen, who is an appointed member of the governor's Kids Committee, reported there is a shortage of prevention specialists in Ohio, with only 88 current Ohio Certified Prevention Consultants (OCPCs).
1. Carmen distributed a handout from the Ohio Chemical Dependency Professionals Board, which outlines steps to become an Ohio Certified Prevention Consultant. A set of webinars is available to provide guidance for obtaining the Ohio Prevention Professional credentials: <http://pfs.ohio.gov/SPF-Phases/Capacity/Ohio-Prevention-Credentialing-Webinars>
  2. Carmen reported the governor's Kids Committee indicated that one of the major upcoming initiatives is early childhood mental health. Carmen emphasized the importance of *prevention* (e.g., parenting education), not just intervention/treatment,

and explained there could be a great bridge between prevention specialists and CFLEs. She will continue to update us.

3. Maureen and Scott will share the prevention credentialing information with their academic program.

**B. Opportunity to Promote Student Awareness of OHCFR and NCFR** - Carmen will get our NCFR recruitment materials to Patrice, who will take them to BGSU for the “Developing Connections: HDFS Professional Day” in order to help students be aware of OHCFR and NCFR. The most recent OHCFR infographic will also be shared with them.

1. Maureen will draw up an email to send to faculty around the state for the purpose of putting OHCFR on students’ radar.

**C. OHCFR Themes for 2019** - Patrice suggested we make 2019 centered on credentials, certifications, and trainings. Carmen suggested we reach out to professionals to explain why they should want to have a CFLE employed with them; for example, via sharing NCFR’s materials with them on what CFLEs do.

1. Maureen will develop an email targeting professionals in local community agencies to put OHCFR on their radar and potentially recruit new professionals to the affiliate.

**D. 2019 Webinars and Other Resources for Members**

**1. 2019 Activities:**

- a. **PAX Tools** – Carmen explained *PAX Tools* to the group: In brief, it’s a series of evidence-based behavioral strategies for families/caregivers that focus on helping children develop self-regulation skills.
  - i. We will share/promote information to our members about PAX Tools as well as dates and locations of local PAX Tools trainings.
- b. **Family Life Education Month** (February) – For our FLE Month social media campaign, Courtney asked each board member to send her an FLE-related link by January 15<sup>th</sup>. We are to include a sentence/brief intro about the link we are sharing. Courtney will post these on our Facebook page in February to coincide with our OHCFR “Fall in Love with FLE” month.
- c. **Grief Camps Webinar** - Audrey will ask Sue Maxymiv if she is interested in doing a webinar about the children’s grief camps on which she and her Kent State University colleagues conducted research.
- d. **National Caregiver Month** (November) – Athena and Audrey will considering creating a webinar related to caregiving. It may include the topic of compassion fatigue.

**2. Other Resources for Our Members in 2019:**

- a. To put added attention to our students’ needs, we will promote Erica Jordan’s NCFR webinar, *Preparing Bachelor’s and Master’s Students to Advance Their Careers in Family Science*. Maureen will send Erica a courtesy email ahead of time, letting her know our plans to do this.

- b. Maureen will send Courtney a brief intro and link to Kent State University's Fall 2018 Nonprofit Speaker Series event that consisted of a panel discussing the opioid crisis.
- c. Audrey will explore resources with Akron Children's Hospital that are related to childhood trauma.

**E. 2019 Board Meeting Schedule**

- Monday March 4<sup>th</sup> 10:30 – noon conference call
- Friday July 12<sup>th</sup> 10:00 - 3:00 face-to-face meeting in Vermilion
- Monday October 21<sup>st</sup> 10:30 – noon conference call
- Friday December 13<sup>th</sup> 10:00 – 3:00 face-to-face meeting in Mt. Gilead

**V. Adjournment** – Amy made a motion to adjourn the meeting and Katie seconded the motion. The meeting was adjourned at approximately 3:00 pm.

Respectfully submitted by Maureen Blankemeyer, Secretary/Treasurer