

OHCFR Minutes
3/4/19
10:30 am – 12:00 pm Conference Call

Phone call participants: Carmen Irving, Athena Koumoutzis, Audrey Kraynak, Patrice Powers-Barker, Katie Schlagheck, Scott Tobias, Courtney Walsh, and Maureen Blankemeyer

I. Prior Meeting's Minutes – Carmen made a motion to approve the minutes from the December board meeting and Scott seconded the motion. The motion carried.

II. Treasurer's Report – Maureen reported the current account balance is \$3956.43. Student board members were reminded if they'd like reimbursement for a year of NCFR membership dues at the student level 1 rate (\$75), to submit to Maureen an NCFR receipt of payment. Carmen moved to approve the treasury report and Courtney seconded the motion. The motion carried.

III. Old Business

A. Webinars

1. Audrey will continue to follow up with Sue Maxymiv on the possibility of a webinar about the grief camps on which she and Rhonda Richardson conducted research.
2. Rachel Jacoby and Clark Ausloos will be presenting an OHCFR-sponsored webinar titled, "Depression: A Family Matter" on Tuesday March 19th from 10:00 to 11:00 am.
3. Athena and Audrey are in talks about creating a caregiving webinar.
4. Scott will follow up with a potential presenter for a webinar on sexual assault.
5. Patrice reported on the state-wide shortage of Family and Consumer Sciences (FCS) teachers. She is looking into a fast track process that is being implemented whereby *some* people who have FCS-related work experience are eligible for an FCS teaching role. She will continue to explore this before considering whether to develop a related webinar.
6. Audrey offered to submit the NCFR CEU applications for our webinars.
7. Carmen discussed the Ohio Child Care Resource and Referral Association (OCCRRA) and a related training for practitioners. She's currently working on an infographic flowchart for that. She suggested we help OCCRRA recognize family life education as a nationally credentialed profession. Updated info about OCCRRA and the practitioner training will be shared by Carmen at our summer board meeting. We'll discuss the possibility of this topic for a future webinar.
8. Carmen also suggested the possibility of a future webinar of panelists who would address anxiety that the ACT and SAT provoke in youth. The webinar could identify signs and symptoms of standardized test-related anxiety in adolescents and offer caregivers suggestions of supportive, non-clinical coping strategies to assist youth.

B. Video PSA project – Last semester Scott required his students to do 2-minute scholarly research-based video PSAs about family life education. This semester he has increased the required length of time of the videos to 5 minutes. He also is currently encouraging the students to make their PSAs more creative and geared

towards the lay population than the prior semester's PSAs. Scott will update us on this project at the summer board meeting.

- C. FLE month** – Courtney reported that in February, which was FLE month, we made 18 FLE-related posts on our Facebook page. The two most acted on posts were resources for grandfamilies impacted by substance abuse and an article on helping children self-regulate.
1. Other technology report – Patrice suggested that board members keep each other in the loop on the technology we are each using and have access to. For example, currently the board is using Word Press for our website. We're also using Qualtrics (through OSU) for the various ballots we send out. Kent State University also has access to Qualtrics.
- D. Bylaw amendments** – The survey and request for OHCFR members to vote on the proposed bylaw revisions will be available to members until March 18th. Patrice encouraged all board members to remember to vote.
- E. Student advisory board member to fill vacancy** – Katie will reach out to an undergraduate student she has in mind for open student board position. Katie will let Audrey know the outcome of her conversation.

IV. New Business

A. Meeting dates:

1. **July 12th 10:00 am-3:00 pm** in-person board meeting at Ritter Library in Vermilion. The room has been reserved.
2. **Oct 21st 10:30 am - 12:00 pm** conference call.
3. **Dec. 13th 10:00 am – 3:00 pm** face-to-face meeting at Mt. Gilead Extension Office. The room has been reserved.

- B. Strategic plan** – We will review the OHCFR strategic plan at our summer meeting.

V. Adjournment

- A.** Carmen moved to adjourn, Athena seconded the motion. Meeting adjourned at approximately 11:35 a.m.

Respectfully submitted by Maureen Blankemeyer, Secretary/Treasurer.