

THOMAS H. MCGLOSHEN, Ph.D.

Licensed Professional Clinical Counselor (E-0000155), Supervising Counselor
Independent Marriage and Family Therapist (F-0000008), Supervising Therapist
The Quarry
6099 Riverside Drive, Suite 100
Dublin, Ohio 43017-2004

CURRICULUM VITAE

Education

- Ph.D. **The Ohio State University**, Department of Family Relations and Human
Development (1985)
Major Area: Family Relations and Human Development
Minor Area: Psychology
Dissertation: *Factors Related to the Psychological Well-Being of Elderly
Recent Widows*
- M.A. **Western Kentucky University**, Department of Psychology (1974)
Major Area: Psychology
Minor Area: Marriage and the Family
Thesis: *Internal Versus External Locus of Control and Religious
Preference*
- M.Div. **McCormick Theological Seminary** (1963)
- B.A. **Centre College** (1960)
Major Area: Philosophy
Minor Area: Dramatic Arts

Academic Positions

- Adjunct Professor, **Methodist Theological School of Ohio** (2015-present)
- Clinical Assistant Professor, Department of Family Medicine, The Wexner College of
Medicine, **The Ohio State University** (1996-2012)
- Lecturer, School of Physical Activity and Educational Services, College of Education,
The Ohio State University (2001-2002)
- Adjunct Faculty, Department of Counselor Education and Human Services,
University of Dayton (1995-1996)
- Adjunct Faculty, **Trinity Lutheran Seminary** (1987-1992)

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Academic Positions (Continued)

Graduate Research Associate, Department of Family Relations and Human Development, **The Ohio State University** (1983)

Teaching Assistant, Department of Family Relations and Human Development, **The Ohio State University** (1982)

Graduate Faculty, Department of Home Economics, **Western Kentucky University** (1974-1977)

Adjunct Faculty, School of Divinity, **Vanderbilt University** (1971-1977)

Instructor, Department of Philosophy; Director of Theatre, **University of Kentucky (Hopkinsville) Community College** (1966-1967)

Professional Experience

Private Practice—Dublin, Ohio
(June 1987 to present)

Provide outpatient psychotherapy, including individual and group therapy, marriage and family therapy, career counseling, employee assistance services, critical incident debriefing, pastoral care and consultation, and community education programs.

Physicians for General Practice—Psychological Services—Columbus, Ohio
(June 1985 to December 1987)

Provided outpatient psychotherapy (as above)

Columbus Psychological Center—Columbus, Ohio
(November 1982 to June 1987)

Provided outpatient psychotherapy (as above)

Dublin Community Church—Dublin, Ohio
(April 1981 to March 1983)

Assisted in the initiation of and provided marriage and family therapy and career counseling through the Dublin Community Church Pastoral Counseling Services (April 1981 to November 1982)

Provided interim leadership as Director of Christian Education (April 1981 to March 1983)

Professional Experience (Continued)

Midwest Career Development Services—Columbus, Ohio
(January 1978 to December 1980)

Provided career evaluation and counseling to approximately 150 professional persons each year through intensive 2 ½ day programs and written career evaluation summaries.

Consulted with administrative personnel regarding hiring, promotion, relocation, and dismissal of employees in regional professional organizations.

Barren River Comprehensive Care Center—Bowling Green, Kentucky
(November 1968 to December 1977)

Provided administrative supervision of outpatient services, including hiring of staff.

Provided outpatient therapy to persons manifesting a full range of mental health and some mental retardation dysfunctions.

Established and directed 24-hour crisis counseling and referral service, including hiring staff, training staff, establishing salaries, and fixing schedules.

Established and directed program of staff development and training for 10-county mental health system.

Coordinated psychiatric practicum for nursing students from Western Kentucky University.

Served as consultant to partial hospitalization program regarding patient care.

Consulted with local corporations regarding problems associated with employee alcoholism, leading to the establishment of Employee Assistance Programs.

First Presbyterian Church—Russellville, Kentucky
(September 1963 to October 1968)

Provided pastoral care, counseling, preaching, and educational leadership for small-town congregation.

Provided administrative oversight for program planning, development, and evaluation.

Coordinated work of part-time secretarial, Christian education, and custodial staff.

Selected Professional Activities

Journal of Counselor Practice: Editorial Board Member (August 1, 2015-present).

Former Chair, Marriage and Family Therapists Professional Standards Committee, State of Ohio Counselor, Social Worker, and Marriage and Family Therapist Board (2011-2013).

Member, State of Ohio Counselor, Social Worker, and Marriage and Family Therapist Board (2008-2014), Member Marriage and Family Therapist Professional Standards Committee.

Tri-State Group Psychotherapy Society: Past-President (2000-2002); President (1998-2000); President-Elect (1996-1998).

Lecturer, Stratford (Ontario) Shakespearean Theatre Festival Tour. August 5-9, 1997. August 13-17, 1996.

Association for Psychological Type (Columbus Chapter): President (1992-1993); Program Committee (1991-1992).

Ohio Council on Family Relations: President (1991-1992); President-Elect (1990-1991).

The Career Development Quarterly: Select Panel of Reviewers (1989-1991); Editorial Board (1983-1989).

Ohio Association for Marriage and Family Therapy: Chairperson, Honors Committee (1983-1986, 1988-1990); Chairperson, Legislative Committee (1986-1988); Trustee (1983-1986).

Presbytery of Scioto Valley: Member of Staff Services Committee (1993-1996); Member, Division of the Care of Church Professionals (1990-1993); Member, Counseling and Professional Development Committee (1988-1993); Interim Pastor for the Dublin Presbyterian Church (1989-1990).

Leader, Support Group (*Becoming an M.D. Without Losing Me*), The Ohio State University, College of Medicine (1985-1989).

Chairperson, Board of Directors, Dublin (Ohio) Counseling Center (1980); Board Member (1979-1981)—now SYNTERO.

Consultant and trainer with the Green River Comprehensive Care Center 24-hour Crisis Counseling Program, Owensboro, Kentucky (July, 1975).

Presbytery of Western Kentucky: Vice-Moderator (1965-1966); Chairperson, Christian Education Committee (1965-1967); Chairperson, Committee on Candidates (1966-1967).

Selected Professional Activities (Continued)

Commissioner to the 1967 General Assembly of the United Presbyterian Church in the U.S.A.; Member of the Standing Committee on Higher Education; Chairperson, Subcommittee on Higher Education.

Initiated Volunteer Chaplains Program for Logan County Hospital, Russellville, Kentucky (1965). Initiated community-wide program for the elderly, Russellville, Kentucky (1966).

Workshops and Paper Presentations

Couples Therapy. Workshop for the Wellness Institute of Worthington OH. March 9, 2012

Enhancing the Patient Experience. 13th Annual Compassion in Medicine Lecture. OhioHealth at Riverside Methodist Hospital, Columbus, Ohio. September 28, 2010.

Dealing with the Suicide of a Friend. Presentation to the Dublin A.M. Rotary Club. Dublin, Ohio, April 17, 2009.

Dealing with Friends Who Are Seriously Ill (with Stephen Smith, M.Div., Terry Hofecker, Ph.D., & Kathryn Michelich-Helms, MSW, LISW). Presentation to the Dublin A.M. Rotary Club. Dublin, Ohio, January 9, 2009.

Dealing with Difficult Clients. Presentation to the Dublin (Ohio) Chamber of Commerce Lunch and Learn Series. Dublin, Ohio, October 16, 2008.

Dealing with Difficult People. Presentation to the Dublin A. M. Rotary Club. Dublin, Ohio, July 6, 2007.

Fitness and Aging: A Physical, Psychological, and Spiritual Journey and Witness to Life. Presentation to Dublin Community Senior Citizens. Dublin, Ohio, April 29, 2008.

To Cure or Not to Cure: Is That the Question? (A Psycho-Theological Approach to Homosexuality). Presentation at Amazing Grace (Continuing the Dialogue to Reconcile Christianity and Homosexuality). Columbus, Ohio, June 14, 2003.

Homosexuality and Ordination to Ministry. Paper and Workshop at The Groves Conference on the Family at Chautauqua, New York, June 7, 2002.

Treating Post-Holiday Blues. Presentation to Men's Breakfast Group, Highlands Presbyterian Church, Worthington, Ohio, January 19, 2002.

What Makes Relationships Work? Presentation to D & S Group. Columbus, Ohio, July 6, 2002; January 13, 2002.

Workshops and Paper Presentations (Continued)

Narcissistic Husbands and Epimethean Wives: Until Death Do Us Part (With Martha Wilson Alcock). Presentation to the Columbus Chapter of the Association for Psychological Type, Columbus, Ohio, May 8, 2001.

Can Homosexuality Be Cured: Is That Really the Question? Presentation at Amazing Grace: A Conference on Reconciling Christianity and Homosexuality, Columbus, Ohio, September 16, 2000.

Theological Bias and Group Therapy. Half-Day Workshop at the Tri-State Group Psychotherapy Society Fall Meeting, Cincinnati, Ohio, November 5, 1999.

Theological Bias: Help or Hindrance to Emotional Well-Being. Presentation to the All Ohio Counselors' Conference, Columbus, Ohio, November 4, 1999.

Psychological Well-Being of Older Recent Widows: An Update. Workshop at the Groves Conference on the Family, St. Petersburg, Florida, April 19, 1999.

Theological Bias: Help or Hindrance to Emotional Well-Being? Presentation to the Professional Exchange, Harding Hospital, Worthington, Ohio, April 13, 1999.

Relationships That Work. Presentation at Columbus 1999 Singlesfest. Columbus, Ohio, January 30, 1999.

Leader, Full-day Psychodynamic Process Group at the Tri-State Group Psychotherapy Society, Fall Meeting, Lexington, Kentucky, October 23, 1998.

Maintaining the Integrity of Group Design. Workshop at Tri-State Group Psychotherapy Society, Spring Meeting, Columbus, Ohio, April 24, 1998.

Amendment B: Sanctifying Prejudice Through Legislation. Pre-Presbytery Forum, Presbytery of Scioto Valley, London, Ohio, March 18, 1997.

When 'Over the River and Through the Woods' Becomes a Troubled Journey. Roundtable Presentation, Groves Conference on the Family, San Diego, California, March 8, 1996.

Ministry and Mission Amidst Cultural Diversity. Presentation at Highlands Presbyterian Church, Officers' Retreat, November 11, 1995.

Personality Profile: The Myers-Briggs Type Indicator. Leadership Education and Development (LEAD) Workshop, sponsored by The Ohio State University, College of Food, Agriculture, and Environmental Sciences, September 9, 1995.

Effective Camp Leadership in a Multicultural Society. Presentation at Ohio Conference, The United Church of Christ, Temple Hills Camp and Conference Center, Bellville, Ohio, April 22, 1995.

Workshops and Paper Presentations (Continued)

Effective Parenting in the '90s. Presentation at Hilliard City Schools Parent-Teacher Assembly, March 14, 1995.

The Family: Source and Resource in Counseling. Workshop for Central Ohio Counseling Association, Columbus, Ohio, April 16, 1994.

Dealing with the Depressed Patient. Presentation at Ohio Academy of Family Physicians: Physician Office Staff Update. Columbus, Ohio, November 7, 1993.

Interpersonal Relations in the Office. Presentation at Ohio Academy of Family Physicians: Physician Office Staff Update. Columbus, Ohio, November 7, 1993.

Diagnosis and Treatment of Attention Deficits, Language and Stuttering Disorders in Children and Adults. (With Cheri Florance, Ph.D., Michael Hohl, M.Ed., and Cynthia Steinem, M.D.). Presentation at All Ohio Counselors Conference, Columbus, Ohio, November 5-6, 1993.

Interdisciplinary Diagnosis and Treatment of Attention Deficit and Other Communication Disorders. (With Cheri Florance, Ph.D., Michael Hohl, M.Ed., and Cynthia Steinem, M.D.). Presentation at Seventh Annual Conference on the Family, sponsored by the Ohio Association for Marriage and Family Therapy, The Ohio Council on Family Relations, and the American Association of Sex Educators, Counselors, and Therapists (Ohio Section), Columbus, Ohio, October 22-23, 1993.

Therapeutic Efficacy When Client and Therapist Differ Culturally. Presentation at Seventh Annual Conference on the Family, sponsored by the Ohio Association for Marriage and Family Therapy, The Ohio Council on Family Relations, and the American Association of Sex Educators, Counselors, and Therapists (Ohio Section), Columbus, Ohio, October 22-23, 1993.

Cultural Diversity and Therapeutic Integrity: When Therapist and Client Come from 'Different Sides of the Tracks.' Roundtable Presentation at Groves Conference on the Family, Orange Beach, Alabama, March 10-14, 1993.

Successful Publishing in Professional Journals. Panel Presentation at Sixth Annual Conference on the Family, sponsored by the Ohio Association for Marriage and Family Therapy, The Ohio Council on Family Relations, and the American Association of Sex Educators, Counselors, and Therapists (Ohio Section), Dublin, Ohio, September 25-26, 1992

Fairy Tales for Adults: A Study in Marriage and Family Therapy According to Psychological Type. Presentation at Association for Psychological Type (Columbus Chapter), Capital University, Columbus, Ohio, November 15, 1991.

Family Rituals and Therapist's Collaboration: Learning to Write the Rites. Presentation at Fifth Annual Conference on the Family, sponsored by the Ohio Association for

Workshops and Paper Presentations (Continued)

Marriage and Family Therapy, The Ohio Council on Family Relations, and the American Association of Sex Educators, Counselors, and Therapists (Ohio Section), Dublin, Ohio, October 4-5, 1991.

Chair, Paper Presentations Section. Fifth Annual Conference on the Family, sponsored by the Ohio Association for Marriage and Family Therapy, The Ohio Council on Family Relations, and the American Association of Sex Educators, Counselors, and Therapists (Ohio Section), Dublin, Ohio, October 4-5, 1991.

Addictions: How to Recognize Them/What to Do About Them. Paper Presentation at Scioto Valley Presbytery, Pre-Presbytery Forum on Addictions. Lancaster, Ohio, September 19, 1991.

Fairy Tales for Adults: A Study on Marriage and the Family. Workshop presented periodically with the use of fairy tales and scripture to illustrate appropriate ways to set rules for children, ease depression, challenge unrealistic marital expectations, understand success as a result of turning commitment into action, and seeing personal differences as differences and not as deficits.

Chair, Paper Presentation Section. Fourth Annual Conference on the Family, sponsored by the Ohio Association for Marriage and Family Therapy, The Ohio Council on Family Relations, and the American Association of Sex Educators, Counselors, and Therapists (Ohio Section), Dublin, Ohio, October 26-27, 1990.

You Matter: Now Act Like It! Baccalaureate Address, Dublin High School, June 2, 1990.

Theological Bias and Marital Satisfaction: Issues of Gender, Love, Adultery, Divorce, and Therapeutic Alliances. Presentation at Third Annual Conference on the Family, sponsored by the Ohio Association for Marriage and Family Therapy, The Ohio Council on Family Relations, and the American Association of Sex Educators, Counselors, and Therapists (Ohio Section), Dublin, Ohio, October 6-7, 1989.

Integrating Socio-Academic Counseling with Family Therapy: Rapprochement Between Home and School. Presentation at Second Annual Conference on the Family, sponsored by the Ohio Association for Marriage and Family Therapy, The Ohio Council on Family Relations, and the American Association of Sex Educators, Counselors, and Therapists (Division IV), Dublin, Ohio, October 7-8, 1988.

Listening, Learning, and Loving: Caring Communication with Oneself and Others. Labor Day Family Retreat, Denver, Colorado (1988) and Columbus, Ohio (1987).

Dynamics of Alcoholic Families. Workshop presented periodically through the Institute for Human Services, Columbus, Ohio (1987-1988).

Psychological Well-Being of Older Recent Widows: Implications for Counseling and Psychotherapy. Workshop presented at the Sixth Annual Multidisciplinary Institute on Aging, Columbus, Ohio, October 21, 1985.

Workshops and Paper Presentations (Continued)

Factors Related to the Psychological Well-Being of Elderly Recent Widows. Paper presented at the Ohio Network of Educational Consultants in the Field of Aging: Student Conference on Aging, Columbus, Ohio, April 26, 1985. (Won the 1985 Award for the Best Graduate Student Paper on Aging at the conference.)

Family Diversity/Christian Unity. Keynote address at the Spring Rally, Ohio Conference United Church of Christ, Conference on Women, Columbus, Ohio, March 17, 1984.

Tracing Rainbows in the Rain: Dealing with Troubling Emotions. Workshop presented through Ohio Conference United Church of Christ, Camp and Conference Program, 1984.

Recent Widows: Decisions and Directions. (With Shirley O'Bryant, Ph.D. and Sharon Shroeder, M.S.W.). Workshop presented at the Fourth Annual Multidisciplinary Institute on Aging, Columbus, Ohio, October 19, 1983.

Exogenous Depression: Antecedents in Early Childhood development and Implications for Relationship Therapy. Workshop presented at Ohio Association for Marriage and Family Therapy, Columbus, Ohio, November 12-13, 1982.

Fatherhood Today. Presentation to the Junior Chamber of Commerce State Convention, Columbus, Ohio, July 1981.

A Structural Approach to Counselor Burnout. Paper presented at the International Meeting of the Church Career Development Council, Ft. Mitchell, Kentucky, September 22-24, 1979.

Making It. Commencement Address at Bowling Green Business College, Bowling Green, Kentucky, July 1970.

To Drink or Not to Drink: Is That the Question? Paper presented at Western Kentucky University, School and Community Health Workshop, Bowling Green, Kentucky, July 1969.

Ineffective Coping Devices: Using Drugs and Alcohol As a Coping Device. Paper presented at Western Kentucky University, Workshop on Mental Health and the Human Dilemma, Bowling Green, Kentucky, June 1969.

Honors

Award for years of dedicated service to the Tri-State Group Psychotherapy Society, presented on November 15, 2014, at the annual meeting of the Society in Cincinnati, Ohio.

Honors (Continued)

The Award of Honor for the Advancement of the Practice of Marriage and Family Therapy (from the Ohio Association for Marriage and Family, April 11, 2014), as “always one to shine the light on the work of others and support others as they grow and develop.” “His greatest contribution,” it was noted, is “his willingness to continue to teach and develop individuals in our field. His investment is carried forward by each person he has supervised and is handed down to the next generation of MFT’s.” This is the second time Dr. McGloshen was so honored by the Association.

The Charles "Chuck" Weaver Award (from the Ohio Counseling Association, November 3, 2011) for “one who has shown long, consistent and distinguished service to the counseling profession and who has shown exemplary caring for people.”

Fellow, Institute for Humanities and Medicine. National Endowment for the Humanities, hosted by Hiram College and Northeast Ohio Universities College of Medicine (1988-1989).

Award of Honor. Presented by the Ohio Association for Marriage and Family Therapy, for significant contribution to psychotherapy, education, research, and to the Ohio Division of the American Association for Marriage and Family Therapy, April 1988.

1985 Award for the Best Graduate Student Paper on Aging (from the Ohio Association of Gerontology and Education, formerly Ohio Network of Educational Consultants on Aging).

Kappa Omicron Nu [formerly Omicron Nu] (Home Economics Honor Society), The Ohio State University.

Phi Upsilon Omicron (Home Economics Honor Society), The Ohio State University.

Listed in *Outstanding Young Men in America*, 1974 Edition.

Student Body President (Moderator of the Consistory), McCormick Theological Seminary (1962-1963).

Editor, *Student Handbook*, Centre College, 1957-1960.

Omicron Delta Kappa (Honor Society), Centre College.

Publications

Clark, L. F. & McGloshen, T. H. (1975). Fostering pastoral counseling effectiveness by in-service education. *College Student Journal*, 9, 328-332.

McGloshen, T. H. (1994). *Career and Life Review* (A Self-Report Inventory).

Publications (Continued)

McGloshen, T. H. (1987). The case of Dean. *The Career Development Quarterly*, 35(4), 262-268.

McGloshen, T. H. (1972). In search of a friend: A study of the extramarital affair. *Pastoral Psychology*, 23 (Spring), 54-58.

McGloshen, T. H. (October 1981 to September 1984). “*Marriage and the Family.*” A weekly column in *The Dublin Forum*.

McGloshen, T. H. & Nemecek, P. C. (1989). Integrating school counseling services with

family therapy. *American Middle School Education*, 12(3), 45-52.

McGloshen, T. H. & O'Bryant, S. L. (1988). The psychological well-being of older recent widows. *The Psychology of Women Quarterly*, 12, 99-119.

O'Bryant, S. L. & McGloshen, T. H. (1987). Older widows' intention to stay or move from their homes. *Home Economics Research Journal*, 15(3), 177-183.

Book Reviews

McGloshen, T. H. (2013). *Children's encounters with death, bereavement, and coping* by Corr, C.A., & Balk, D. E.. (Eds.), 2010, New York: Springer Publishing Company. *Certified Family Life Educator Network*, 24(4)3,7.

McGloshen, T. H. (2009). *Marriage at Midlife: Counseling strategies and analytical tools* by V. R. Waldron & D. L. Kelley, 2009, New York: Springer Publishing Company. *Certified Family Life Educator Network*, 23(3,) 8-9.

McGloshen, T. H. (2006). *Creativity in psychotherapy: Reaching new heights with individuals, couples, and families* by D. K. Carson & K. W. Becker, 2003, Binghamton, New York: The Haworth Clinical Practice Press. *Family Relations*, 55(1), 148-149.

McGloshen, T. H. (1968). *Letters and papers from prison* by Dietrich Bonhoeffer, 1953, Eberhard Bethge (Ed.), New York: The Macmillan Co. 226 pages. *The Presbyterian Outlook*, 150(5), 15.

McGloshen, T. H. (1968). *Protestant-Catholic marriages* by S. Dreykamp & K. van Noort. Philadelphia: Westminster Press. 108 pages. *The Presbyterian Outlook*, 150(4), 15.

McGloshen, T. H. (1967). *The minister's wife as counselor* by W. Denton. Philadelphia: Westminster Press. 172 pages. *The Presbyterian Outlook*.

Professional Conference Abstract Reviews

McGloshen, T. H. (2007). *Ethical and legal challenges in contemporary family therapy*. The 66th Annual Conference of the American Association for Marriage and Family Therapy (October 27—November 2, 2008) in Memphis, Tennessee.

Professional Affiliations

American Association for Marriage and Family Therapy (Clinical Fellow and Approved Supervisor)

American Counseling Association

Groves Conference on Marriage and Family

National Council on Family Relations

Ohio Association for Marriage and Family Therapy (Past Board Member and Chair of

Honors Committee)
 Ohio Council on Family Relations (Past President)
 Ohio Counseling Association
 Tri-State Group Psychotherapy Society (Past-President)

Courses Taught

Methodist Theological School of Ohio

“Treatment of Mental and Emotional Disorders (Summer, 2015, 2016)
 “Supervised Practicum” (Summer 2016, 2017)
 “Supervised Internship (Fall 2017, 2018; Winter 2018, 2019; Spring 2018, 2019)

The Ohio State University, Wexner College of Medicine

“Doctor-Patient Relationship” (2000-2008)
 “Spirituality and Medicine” (2002-2004)
 “Problem-Based Learning” (1999-2003)
 “The Aging Patient in Literature” (1989-1992)
 “Introduction to Clinical Medicine, General Clerkship III: Patient Management Series” (1989-1997)

The Ohio State University, College of Education

“Theories of Counselor Supervision” (2001)
 “Advanced Group Counseling” (2002)

University of Dayton

“Psychology of Personality Development” (1995-1996)

Courses Taught (Continued)

Trinity Lutheran Seminary

“Aging and Family Development” (1992)
 “Family Counseling” (1987-1990)

Western Kentucky University

“Family Life Education” (1974-1977)
 “Families in Transition” (1974-1977)

University of Kentucky (Hopkinsville) Community College

“History of Philosophy” (1966-1967)
 “Principles of Logic” (1966-1967)

Director of Theatre (1966-1967)

Licenses and Certifications

Licensed Professional Clinical Counselor, Supervising Counselor (Ohio Counselor, Social Worker, and Marriage and Family Therapist Board)
Independent Marriage and Family Therapist, Supervising Therapist (Ohio Counselor, Social Worker, and Marriage and Family Therapist Board)
Ordained Minister (Retired), Presbyterian Church (U.S.A.); Member of the Presbytery of Scioto Valley

Personal

Founding Board member of the Dublin Counseling Center (now SYNTERO) and first Chair of the Board of Directors; Member of Dublin Arts Council Board of Directors and Chair of Nominations Committee; Dublin Chamber of Commerce; Dublin A. M. Rotary Club (Former Director, Chair of Vocational Services Committee, Four-Way Test Contest Committee, and Family of Rotary Committee); Leadership Dublin Founding Member; and Dublin Abbey Players founding member.

December 2018